

Major Exploration

Unsure of your major? That's ok! A vast majority of college students will change their major at least once during their undergraduate career. This guide is designed to help you explore some different interests and some possible majors.

There are multiple factors that students should consider when exploring majors:

Academic Interests	Career Goals	Personal Interests & Values
What subjects do you like to learn about?	What kind of jobs could you see yourself in?	What are things you enjoy doing?
What has been your favorite subject in school so far?	Do you have a specific career in mind?	What kind of experience would make you feel fulfilled?
Have you taken any classes that were surprisingly fun?	What kind of skills do you need to develop for that job?	Is there anything specific that you feel passionate about?

Personal Reflection Tools

These tools are great resources to start exploring your interests, skills, and potential career paths.

Tool	Description	Links
EAC Career Assessment Tools	Career Exploration Assessment, Interests, Careers, Programs, Resume Builder	<ul style="list-style-type: none"> Career Coach - Interests (lightcastcc.com)
Personality Assessment Test	A self-assessment that focuses on your personality and how it meshes with different aspects of your life.	<ul style="list-style-type: none"> Your Results 16Personalities
Work Values Inventory	A quiz that has you determine which values in a job setting are the most important to you.	<ul style="list-style-type: none"> Work Values Matcher Assessment Careers CareerOneStop
Interest Profiler	A short quiz that looks at what kinds of jobs you might like based on your personal interests.	<ul style="list-style-type: none"> O*NET Interest Profiler at My Next Move



Exploring Specific Majors

Below is a short list of majors/major clusters. Each is paired with courses that will act as great starting points if you want to explore that major!

Majors	Potential Introductory Courses	Majors	Potential Introductory Courses
Administration of Justice	AJS 101 AJS 103	Health & Physical Education	EDU 200 HHP 100
Art	ART 101 ART 111	History	HIS 101 HIS 102
Astronomy	AST 103	Mathematics	MAT 151
Biology/Biomedical Science	BIO 181+BIO 181L BIO 182+BIO 182L	Media Communications	MDC 150
Business majors	BUA 101 MAT 151	Music	MUS 105 MUS 107
CADD & Drafting	DRF 154 AMT 102	Nursing	NUR 100 CHM 138 BIO 201 BIO 202
Chemistry	CHM 151 CHM 152	Physics	PHY 211
Cybersecurity	CIS 210	Political Science	POS 110
Education	EDU 200	Psychology	PSY 101
Electrical	ELT 110 ELT 111 ELT 112	Radiologic Technology	CHM 138 BIO 201 BIO 202
Emergency Medical Technician	EMT 103	Sociology	SOC 101
Engineering	EGR 102	Sports Med	HHP 213 CHM 151
Environmental and Sustainability Studies	ENV 101	Theater	THC 110
Geology	GLG 101	Welding	WLD 101
Graphic Design	ART 181		

Additional Requirements

Some majors at EAC have requirements beyond the courses you need to take. When exploring majors, make sure you check and see if your major has any additional requirements.

Below, are a few examples of additional requirements you may find and a few examples of majors that have these requirements.

Application Process	<ul style="list-style-type: none"> • Emergency Medical Technician • Nursing • Radiologic Technologist
Fees	<ul style="list-style-type: none"> • BIO 201, BIO 202 • Private voice or instrumental classes

Exploration Guide

Exploring majors can feel daunting - there are so many options! However, here are some helpful questions to get you started:

What do I like, and what do I NOT like?	
What was my favorite subject/class in high school or at EAC so far?	
What career paths are interesting to me?	

Almost every major will have introductory courses aimed at helping you develop a foundation for the subject. These courses are fantastic ways to explore potential majors. Below, list 1-3 majors you would be interested in exploring. For each major, try and find 1-2 courses that you can use to explore that major!



Program Pages: [Programs - Eastern Arizona College \(eac.edu\)](http://eac.edu)

Potential Major	Exploratory Class

Remember, different majors will have different math requirements. For your majors of interest, find and list out the highest math class needed. Use the Overview tab in the Catalog Page to find this information.

Academic Catalog: [Course Catalogs - Eastern Arizona College \(eac.edu\)](http://eac.edu)

Major	Highest Math Required

Scheduling an Appointment

Next, let's schedule an appointment to chat with an advisor about your interests and enroll in some exploratory courses. Call (928) 428-8425.