

# HEALTH AND PHYSICAL EDUCATION

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### Associate of Arts Degree

#### AA-SR 60501

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Recipients of this degree are prepared to pursue a major in Health or Physical Education and minor in Biology or Physical Science at a four-year college or university. Since program requirements differ between universities, the official transfer pathway (<https://aztransmac2.asu.edu/cgi-bin/WebObjects/ATASS.woa/wa/MajorGuidesNavAZ?School=EAC>) of the school which you plan to attend upon leaving EAC should be consulted in order to adjust this program to your personal needs.

A high school background in sports, biology and chemistry is helpful.

### Curriculum Requirements

HHP 100	Personal Health (DI)	3 credits
HPE 190	First Aid and CPR	2 credits
HHP 210	Introduction to Exercise Science and Physical Education	3 credits
HHP 274	Sports Nutrition	3 credits
HHP 276	Sports Psychology	3 credits
Total Curriculum Requirements - 14 credits		

### General Education Requirements

AGEC-A . To complete your General Education requirements, one of the courses taken to fulfill degree requirements must be designated as an Intensive Writing/Critical Inquiry course (IW), Global/International/Historical Awareness (GIH) course, and Diversity and Inclusion (DI) course . Note that a single course may fulfill more than one of the requirements .

#### Composition

ENG 101	Written Communications I	3 credits
ENG 102	Written Communications II	3 credits

#### Mathematics

MAT 140	College Mathematics or higher	3 to 5 credits
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#### Lab Science

BIO 201	Human Anatomy and Physiology I	4 credits
BIO 202	Human Anatomy and Physiology II	4 credits

#### Humanities

Select from Humanities list here. Choose courses from more than one department and one course must be in the Fine Arts

6 credits

#### Social Sciences

EDU 200	Introduction to Education (DI)	3 credits
Select another non-EDU Social Sciences course from the list here.		3 credits

#### Options

Select courses from the list here to achieve a total of at least 35 credits in General Education courses. If you plan to transfer, consult the catalog or an advisor from the school you will transfer to as you make your selections.

4 to 6 credits

Courses listed in Curriculum Requirements that qualify for General Education credit (see the General Education section of the catalog) may fulfill both General Education and Curriculum Requirements unless General Education Requirements are specified in the major .

### Elective Requirements

Select from the Elective or Better list [here](#) or choose electives from the list of courses in the Arizona Higher Education Course Equivalency Guide (CEG) located at [https:// aztransmac2 .asu .edu/cgi-bin/WebObjects/CEG](https://aztransmac2.asu.edu/cgi-bin/WebObjects/CEG) . Scroll to the bottom and select Elective or Better Report under CEG Reports and information . Click on Eastern Arizona College . If you plan to transfer to any University other than the three Arizona State Universities, consult with an advisor from the school as you make your selections .

In addition to completing the required courses listed above with a grade of "C" or better, you must meet the following general graduation requirements to obtain this degree:

- Complete at least 16 degree credits at Eastern Arizona College.
- Attain a cumulative grade point average of 2.00 or higher.
- File a Graduation Petition through your Gila Hank Online account at least 60 calendar days prior to the end of the semester in which graduation is anticipated.
- Remove any indebtedness to the College.